

HELLO AND WELCOME TO THE SECOND FLARE TRIAL NEWSLETTER!

Thank you for your continued time and effort in setting up and running FLARE at your site, we really appreciate it!

Please don't hesitate to email us at ytu-flare-trial@york.ac.uk if you have any queries.

Recruitment extension!

We met with the trial's funder to discuss our progress in April and are delighted to confirm that **we will be recruiting participants for at least another 12 months! Recruitment is therefore expected to continue until 30th April 2025.**

We have nine participants!

Well done and thanks to the teams at Cambridge University Hospitals NHS Foundation Trust, County Durham & Darlington NHS Foundation Trust, East and North Hertfordshire NHS Trust, Hampshire Hospitals NHS Foundation Trust, Northumbria Healthcare NHS Foundation Trust, Royal Cornwall Hospitals NHS Trust, and The Leeds Teaching Hospitals NHS Trust who have all recruited a participant!


We've screened 88 patients!


We'd like to say a massive **thank you** to everyone for your continued efforts in screening patients. The screening data are really useful, and more screening leads to more participants!
Please keep up all of the excellent work!

Welcome FLARE sites!

We're delighted to welcome our new sites who will be setting up FLARE, and want to say a huge **thank you** to the teams at East and North Hertfordshire NHS Trust, Northumbria Healthcare NHS Foundation Trust, Oxford University Hospitals NHS Foundation Trust, Cambridge University Hospitals NHS Foundation Trust and St George's University Hospitals NHS Foundation Trust who are now open to recruitment!



 Sites open to recruitment

 Sites in set up



Clarification around eligibility criteria

Exclusion criteria (at screening): Injuries affecting more than one digit or the thumb

Please include



- One digit injured only with both FDS/FDP tendons severed.
- Multiple digits injured - only one digit with both FDS/FDP tendons severed, any other injured digits have superficial injury.
- Multiple digits injured – only one digit with both FDS/FDP tendons severed, other injured digit may have a partial tendon injury.

Please exclude



- Multiple digits injured – multiple digits with both FDS/FDP tendons severed.

Completing the Screening and Eligibility instrument

Only patients where it is known multiple digits with both FDS/FDP tendons severed should be excluded at screening. All other patients should be recorded as eligible (Q13 of the Screening and Eligibility instrument (Does this injury affect more than one digit, or the thumb?) should be answered “no”).

Clarification around blinding arrangements

When completing the operation note / referral to hand therapy / discharge letter, please state **“flexor tendon repair performed as per FLARE Trial”**.

Any details about the operation (e.g. pulley repair) that are not collected on the Primary Surgery Instrument can be recorded in the medical records.

Investigator Meeting

Please join us for our next investigator meeting via Teams on Tuesday 2nd July at 1:30-2:30pm. Please email ytu-flare-trial@york.ac.uk for the meeting link. We look forward to speaking with you!

Reminders!



- Join our FLARE all site WhatsApp group to share tips or ask questions!
- Please ensure you are logged into your own REDCap account when using the system.

