



HELLO AND WELCOME TO THE FIRST FLARE TRIAL NEWSLETTER!



Thank you for your continued time and effort in setting up and running the FLARE trial at your site. We appreciate the motivation and commitment for this hugely important trial across the country. Please do not hesitate to email the trial team at ytu-flare-trial@york.ac.uk if you have any queries.

We wish you a peaceful festive period and a Happy New Year!
Best wishes from the FLARE Trial Team

What do the elves call it when Father Christmas claps his hands at the end of a play? Santapplause



We've recruited our first FLARE trial participant!



We'd like to say a massive **thank you and well done** to the team at The Leeds Teaching Hospitals NHS Trust for recruiting our first participant!

FLARE trial's 3rd investigator meeting

It was great to see new and existing site members attend the FLARE investigator meeting in December and hear of your experiences so far. All sites fed back that the number of patients presenting with a flexor tendon injury have decreased, and so screening numbers are lower than expected. **Please keep up the good work of adding screened patients to REDCap!**

We really appreciated the questions raised during the meeting. If you were unable to attend, please see an overview of the discussions below.



Who should be screened?

All patients who are 16 years old and over with lacerations in the palm or finger consistent with a zone II flexor tendon injury should be screened and recorded on REDCap.



Who can screen patients and confirm eligibility?

Any site member trained and delegated to do so can screen patients. Only trained and delegated surgeons can confirm eligibility.



Who can complete the informed consent process?

Any site member (including junior doctors) who are trained and delegated to do so, and feel confident to discuss the trial with clinical equipoise.



A patient declined participation because they felt the repair of both flexor tendons would be the best treatment; how can I discuss both treatments with the patient?

The York Trials Unit will review the patient information material and provide additional clarity where required to support these discussions.



Can a patient be co-enrolled in the FLARE and FIRST trials?

No. A site can run both trials, but a patient cannot be co-enrolled.

Join our
FLARE all
site
WhatsApp
group to
share tips
or ask
questions!



Progress update
as of
18/12/2023



13 sites are in set up



9 sites are open to recruitment



11 patients have been screened



2 patients have been consented



1 out of 310 patients have been randomised



0 patients have completed their 6-month questionnaire



Welcome FLARE sites!



We are excited to see sites being set up and opened to support FLARE! Thank you for everyone's hard work this year.

We are still looking for more sites!

If you know of any sites or investigators that may be interested in taking part, please contact the FLARE trial team at ytu-flare-trial@york.ac.uk

We are looking for:

- NHS hand trauma centres treating flexor tendon injuries
- Have capacity to support research activity



Sites open to recruitment



Sites in set up

Reminder



Completion of the delegation log and data collection on REDCap must be via your own REDCap account. **Please do not use a colleague's REDCap account.**



Make sure you know where the participant ID list is within the FLARE electronic Investigator Site File. The participant ID must be entered into the Screening and Eligibility instrument on REDCap in order to progress through the instruments.



The Clinicians Poster, within the FLARE electronic Investigator Site File can help departments alert the research team about potential FLARE participants.



York Trials Unit are closed over the Christmas period. If you need to report an adverse event during this time, please email liz.cook@york.ac.uk

FLARE Associate PI scheme

The FLARE trial is registered with the NIHR Associate PI scheme. The scheme aims to develop junior doctors, nurses and allied health professionals to become the PIs of the future. We are encouraging all sites to have APIs. Not only are there benefits to the API themselves, but several sites who have APIs in place are finding this resource valuable.

Contact Michelle Watson (michelle.watson@york.ac.uk) for further information, or go to: <https://bit.ly/3ZKE6o3>